1. **Contact Information:**
   * Full Name SHEETAL JAIN
   * Phone Number 9300137138
   * Email Address shejain77@gmail.com
2. **Summary or Objective (Optional):**
   * Want to serve for the humanity and reach my ultimate goal Liberation.
3. **Education:**

* **Pursuing dip. in Psychology & Counselling from Nagarjuna University, Chennai.**
* MA in Jainology & Comparative studies with other Religion from Jain Vishwa Bharti, Ladnun , Rajasthan in the year 2020-21
* B.Com from Ravi Shankar University Raipur (C.G.) in the year 1998-1999 passed in 2nd Division with 48 %.
* Higher Secondary from M.P. Board, in the year 1995-96 Passed in 2nd Division with 51%.
* High School from M.P. Board, in the year 1992-93 Passed in 1st

Division with 62%

1. **Work Experience:**
   * Before 11 yrs worked as an Accountant,banking executive in Sales,did business,etc..
   * Doing Online Overall health Counselling for the last 10 years as a freelancer.(Giving solution to Emotional, mental, physical, professional & Spiritual problems)
2. **Skills:**
   * Done So many Meditation & Motivational Camps, Retreats, Life management course.
   * In the Spiritual journey for the last 10.5 years.
3. **Additional Sections (Optional):**

* PGDYT-Post Graduate Dip. in Yoga Therapy from Swami Vivekanand Yoga Anusandhana Samsthana, Bangalore in the year 2012-13 & Yoga Instructor Course too.Also done Yoga Instructor Course.
* Certified Acupressure Course from Acupressure Shodh & Upchaar Sansthana, Allahabad in the year 2012
* PGDCA-1 year Diploma in System Management from APTECH, Raipur(C.G) passed with 72% in 1st semester and 68% in 2nd semester**.**

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